

# 30A.D.

THE JESUS STORY

## DEALING WITH THE STORMS OF LIFE

Scott Hansen, Lead Pastor

November 24, 2013

### Luke 8:22-25

Matthew 16:33 - *In this world you will have trouble. But take heart! I have overcome the world.*

### TAKING A BREAK (Luke 8:22-23a)

PRINCIPLE #1: Taking breaks to rest is God's idea; failure to pace yourself will end badly.

### SURPRISE SURPRISE! (Luke 8:23b)

PRINCIPLE #2: You have way less control over life's circumstances than you think.

### THE EXPERTS PANIC (Luke 8:24a)

PRINCIPLE #3: You have to choose whether fear or faith will have the dominant influence in your life.

### THE WEATHER MAN (Luke 8:24b-25a)

PRINCIPLE #4: Your next storm could be different  
(if you let Jesus in your boat)!

### REDIRECTED "FEAR" (Luke 8:25b)

PRINCIPLE #5: You are neither free from tribulation, nor helpless in tribulation, but victorious over tribulation... in Christ.

*REMEMBER: The boat cannot go down if Jesus is in it!*

- I want Jesus Christ in my boat! I'm becoming a follower of Jesus today.
- I want to be baptized



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**Lesson Aim:** *To grow in our understanding of Jesus' ultimate authority over all creation, and in our ability to trust Him in any and every situation and circumstance.*

**Prayer:** Ask the Holy Spirit to lead your study time and/or discussion.

**Icebreaker:** Please share an example of something you were afraid of when you were a kid.

1. **READ Luke 8:22-25.** What do these verses teach us about Jesus and His humanity?
2. What do these verses teach us about Jesus and His divinity?
3. What is Jesus teaching His disciples by ignoring (sleeping through) and then rebuking the storm?
4. In what types of circumstances do you find it easy to trust in the power and presence of Jesus?
5. In what types of circumstances do you find it the most difficult to trust in the power and presence of Jesus?

6. What is a “storm” in your life right now? If you can’t think of anything, what is a potential storm that might be coming?
7. If you are experiencing a storm right now, how are you responding? Or if not, how do you usually respond to circumstances that cause fear in your life (especially when caught off guard)?
8. **READ** the following verses and write down the key principles that can help us to choose faith over fear:
  - **Romans 8:38-39:**
  - **Philippians 4:6-7:**
  - **1 John 4:13-19:**
9. One of the principles from Pastor Scott’s teaching was: “Taking breaks to rest is God’s idea; failure to pace yourself will end badly.” What are some ways that applying this principle can help prepare us for when the “storms of life” hit us?
10. How are you applying this principle in your own life? If you aren’t, what is a first step you could take to begin to do so?

**Close in prayer as the Holy Spirit leads you.**

This **LifeGroup** Study Guide is designed to help you apply Sunday’s message. You can do this homework on your own; however we encourage you to check out our warm and friendly message-based **LifeGroups!** Get a copy of this Study Guide at [theBridgeFresno.com](http://theBridgeFresno.com) by clicking on the “Messages” link.