



**Lesson Aim:** To learn more about the reality of temptation and the ability to overcome it from the life of Jesus.

**Prayer:** Ask the Holy Spirit to lead your personal study time and/or discussion.

**Icebreaker:** What's one of your all-time favorite foods? How often do you eat it?

1. **READ Hebrews 4:14-16.** How do you respond to the reality that Jesus was tempted just like you are?
2. **READ Luke 4:1-13.** Pastor Scott discussed three major temptations that Jesus faced in this situation. What were they? Which one stands out to you the most? Why?
3. Satan tempted Jesus to take shortcuts to glory and fulfillment in this passage, and he does the same thing to us. Below is a short list of temptations that we regularly encounter. Next to each temptation write what we consider to be a benefit of giving in to that temptation followed by what we lose.

Temptation	What do we think we gain by giving in?	What do we lose by giving in?
Gossip		
Over-spending		
Sexual impurity		
Not working through conflict		
Harsh words		
Any others?		

4. Nobody wants to be known as the person who is struggling to resist temptation and blowing it. What hope and incentive do the following verses give us when this occurs?
  - Proverbs 18:12:
  - Isaiah 57:15:
  - James 4:6:
  - 1 John 1:8-9:
5. **READ Galatians 6:1-5.** What does this tell us about helping someone who is asking for help to overcome a temptation they have given in to?
6. **READ 1 Corinthians 10:13.** Can you think of any safeguards or strategies you have seen others use or you yourself have in place to resist and/or avoid temptation? If so, please explain.
7. **It is recommended that if your group is co-ed, you break up into groups of men and women (if possible) and use this last question to launch into a time of prayer.** Are there any areas of temptation that you need prayer for to resist and/or avoid?

Close in prayer as the Lord leads you.

**Luke 4:1-13**

**INTRODUCTION**

- ▶ “Lead us not into temptation...” (Matthew 6:13)
- ▶ The Holy Spirit led Jesus into the wilderness to be tempted by the devil (Luke 4:1-2)
- ▶ Jesus was able to sin; this is why His response to temptation is so helpful to us (Hebrews 2:18; 4:15)

**CONTEXT FOR THE SHOWDOWN (Luke 4:1-2)**

- ▶ In the Spirit ▶ 40 days of fasting
- ▶ In the wilderness ▶ 40 days of temptation by the devil

PRINCIPLE #1: If you want to live a life that pleases God, you will be put to the test by the powers of hell.

PRINCIPLE #2: God tests us to build up our faith; Satan tempts us to tear down our faith.

PRINCIPLE #3: There will always be a way of escape from temptation.  
(cf. 1 Corinthians 10:13)

**TEMPTATION #1: MEET YOUR OWN NEEDS (Luke 4:3-4)**

**[Deuteronomy 8:3]**

- ❶ Satan sows doubts about identity
- ❷ This temptation is through normal, human appetites
- ❸ Jesus does not resist Satan with His own resources; He uses the Word
- ❹ Jesus sets aside His divine prerogatives & meets the enemy as a human being

PRINCIPLE #4: In close fellowship with God, we can be mightier than Hell.

**TEMPTATION #2: TAKE A SHORTCUT TO GLORY (Luke 4:5-8)**

**[Deuteronomy 6:13]**

**TEMPTATION #3: FORCE YOUR FATHER TO ACT (Luke 4:9-12)**

**[Deuteronomy 6:16]**

**CONCLUSION (Luke 4:13)**

- ▶ This war isn't over yet; Satan will be back