

**Lesson Aim:** To gain understanding and ability in what it means to walk (actions) humbly (attitude) with our God (audience).



*connecting*

**Prayer:** Start your time together by asking the Holy Spirit to lead your discussion.

**Icebreaker:** Share a time from your childhood when somebody affirmed you in a significant way.

1. Think back on Scott's story about visiting the Romanian orphanage. What are some things that stand out to you about his experience there?
2. **Read Matthew 11:29-30.** How does it make you feel to realize that Jesus calls you into His arms no matter what you've done or where you're coming from?
3. What are some ways Jesus might want to stretch you in your capacity to reach out with open arms to others?
4. **Read Philippians 2:3-4 & 3:7-10.** How do Paul's words in these two passages challenge our typical notions about what is important?
5. How do these Scriptures help us understand what it means to walk humbly with our God?
6. What about these Scriptures challenge, comfort or confuse you personally? Why?
7. **Read Luke 18:14, James 4:6 & 1 Peter 5:6.** Now, looking over the section in your message notes "Humility requires that...", which aspect(s) of humility do you most resonate with and why? Which aspect(s) do you find most challenging and why?
8. Share about someone who has been a good example of humility to you.
9. As you consider the awareness that has been raised about human trafficking (modern slavery) through Missions Month at The Bridge this year, have you given yourself permission to care about this issue? Why or why not?
10. What are some things you are willing to commit to now that Missions Month is over (examples: prayer; foster care; sponsoring a child through CHC; short-term missions trip; adoption; staying informed; etc.)?

Read pages 274-75 of *Not For Sale* for additional suggested action ideas.

Close in prayer. We suggest you include in your prayer time...

- Asking God to break down demonic strongholds (cf. Ephesians 6:12) on systems (government; mafia; indifference of citizens; etc.) that help human trafficking to flourish.
- For human trafficking victims: for their salvation, strength, protection, freedom and healing.
- For human traffickers: for them to repent and be saved and for God to stop them from doing evil.
- For ourselves: to not forget what is happening in the world now that Missions Month is over; to open our hearts and understanding as to what God would have us do next.



*growing*



*sewing*



*reaching*



February 26, 2012

## WALK HUMBLY WITH YOUR GOD

*He has shown you, O mortal, what is good. And what does the Lord require of you?  
To act justly and to love mercy and to walk humbly with your God. (Micah 6:8)*

### WALK HUMBLY WITH YOUR GOD

- ① Action ▶ Walk      ② Attitude ▶ Humility      ③ Audience ▶ God

### “HUMBLE” DEFINED

- ▶ Not proud                      ▶ Not arrogant                      ▶ Not rude  
▶ Modest                              ▶ Courteously respectful

Ken Blanchard - *Humility doesn't mean you think less of yourself; it means you think of yourself less.*

### HUMILITY REQUIRES THAT WE...

- ① Not be overly impressed with ourselves (Romans 12:3)
- ② Be willing to put others' needs before our own (Philippians 2:3-4)
- ③ Be willing to associate with people of low esteem (Romans 12:16)
- ④ Place our confidence in God, rather than ourselves (Proverbs 3:5-6)
- ⑤ Be willing to do things that go against our selfish nature (Luke 18:14; James 4:6,10; 1 Peter 5:6)

### GOOD & BAD EXAMPLES OF HUMILITY

#### APPLICATION TIME

- ① Give your heart permission to care (James 1:27)
- ② Pray
- ③ Give
- ④ Consider additional options
  - Foster care and/or adoption
  - Caring for grandchildren
  - Becoming more involved in speaking up for the weak
  - Going on a short-term mission trip

*Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress... (James 1:27)*